PRINCIPAL MOHAN LAL

WISDOM SCHOOL,NAGRI

ICSE CURRICULUM

SUMMER VACATIONS ASSIGNMENT

SESSION 2025-26

CLASS 7TH

Principal Mohan Lal

WISDOM SCHOOL,NAGRI

ICSE CURRICULUM

HOLIDAYS HOMEWORK – CLASS VII

Summer Break Message & Guidelines

Dear Parents and Students,

Warm greetings from PML Wisdom School!

As we step into the much-awaited summer vacation, we hope it brings joy, relaxation, and valuable family time. Holidays are a perfect opportunity to rest and rejuvenate, but also to remain constructively engaged. This holiday homework has been thoughtfully prepared to ensure that students enjoy their break while keeping their minds active and skills sharp.
The Summer Break is scheduled from **June 1st, 2025 (Sunday)** to **June 30th, 2025 (Monday)**with school reopening on **July 1st, 2025 (Tuesday).**

Note: The school office will remain open on all working days between **9:00 a.m. and 2:00 p.m**. during the summer vacation.

Tips for a Healthy and Productive Summer

Guidelines for Students:

1. **Time Management**: Allocate a fixed time each day for completing homework and revision.

2. **Neatness and Presentation**: Ensure all work is done neatly and legibly.

3. **Originality**: Avoid copying from others. Use your creativity and understanding.

4. **Timely Submission**: All homework must be submitted on the first day after vacation.

5. **Activity Work**: Projects should be done using recyclable or easily available materials. Label your charts/projects clearly with your name and roll number.

Guidelines for Parents:

- ❖ Kindly supervise your child's progress without doing the work for them.
- ❖ Ensure a healthy routine including reading, physical exercise, and adequate sleep.
- ❖ Encourage conversation in English and moral storytelling to enhance language and values.
- ❖ We request all parents to encourage their wards to complete the assigned work regularly and creatively. The tasks are a blend of revision and project-based learning to foster critical thinking and subject understanding.

"Let us work together to make this holiday both enjoyable and enriching."

Note: - Guide your ward to learn the assigned work carefully as unit test will be conducted after vacations.

Wishing you a safe, healthy, and joyful summer break!

With warm regards,

Amita Walia
Principal
PML Wisdom School

Contact Information:

Phone: 01764-297274
E-Mail: pmlwisdomschool@gmail.com
Website: www.pmlwisdomschool.org

Project Guidelines

Students are expected to follow these points while preparing the project:

1. Use A4 size sheet only, as mentioned.

2. Write your Name and Roll Number neatly on the top of the sheet.

3. Title of the topic should be clearly mentioned and underlined.

4. Draw a neat table with a ruler to present your data/information.

5. Use colours and headings to make the project attractive, but avoid excessive decoration.

6. Handwriting must be clean and legible – marks may be deducted for untidy work.

7. Follow your assigned topic carefully based on your roll number.

8. Ensure the content is factually correct and age-appropriate.

9. Do not copy directly from books or internet – use your own understanding and creativity.

10. Submit your work on time. Late submissions may not be accepted.

Note- Learn and Practice below mentioned work for each and every subject for upcoming Unit Test-1.

ENGLISH

Instructions: Complete all exercises in your English grammar notebook. Maintain neatness. Project work must be done on chart paper or in a separate folder.

Learn: Learn below mentioned chapters for unit test.

Lesson- 1(The Question of Mangoes)
Poem- 1(One Sick)
Lesson-2(The Hound of Baskervilles)

Book: Mastering Grammar

Do practice of chapters 1 to 5 for unit test.

Worksheet- 1 (To be done in the English grammar notebook)

A. Forms of Verbs (Write the past and past participle forms):

1. Ask	2. Accept	3. Add	4. Admire	5. Admit
6. Adopt	7. Allow	8. Attack	9. Bake	10. Bring
11. Cry	12. Do	13. Dance	14. Drive	15. Die
16. Build	17. Bend	18. Buy	19. Beg	20. Call
21. Close	22. Catch	23. Control	24. Come	25. Clear
26. Draw	27. Dance	28. Drink	29. Die	30. Fat

(please confirm verb form if intended)

B. Write Synonyms for the following words:

1. Large	2. Exit	3. Present	4. Stone	5. Alike

6. Last	7. Easy	8. False	9. Difficult	10. Correct
11. Good	12. Small	13. Always	14. Ill	15. Help
4. Finish	17. Start	18. Near	19. Under	20. Stupid

C. Fill in the blanks with nouns given in brackets and mention their types:
(swam, milk, sincerity, army, park, gold, boys, music, tolerance, intelligence)

1. Two litres of _____ is sufficient for making pudding.

2. A _____ of boys gathered in the garden.

3. The _____ marched on the battlefield.

4. Her _____ was appreciated by the teacher.

5. The project has been prepared by _____ of Class 8.

6. The audience enjoyed the _____.

7. The children are playing in the _____.

8. Her bangles are made of _____.

9. If we had _____, many problems would have been solved.

10. Sachin's _____ has made him what he is today.

D. Underline the transitive verb and circle the intransitive verb:

1. The tourist guide took us to the town.

2. The participants were on time.

3. Your gift made me happy.

4. She looks upset.

5. Why do you look so worried?

6. Stray dogs roam in the streets.

7. Her mother is her best friend.

8. Have you paid the fee?

9. The match is won.

10. The plane has landed.

E. Write an essay on the following topic:

a. My Favourite Sports b. My Favourite Hobby c. My Aim in Life
d. My ideal teacher

F. Write notice writing on grammar notebook.

a. You are the principal of a school. Write a notice to inform the staff and students about the annual tree plantation event to held at the central part of the locality, where the school is situated. Mention the date and time of the event also.

b. Your school is organising a friendly cricket match to be played between your school and St. James school. As the head boy/ girl of your school draft a notice informing the students about the event, the venue, date and time. Request the students to watch and encourage the school team.

c. You are the principal of a school. Issue a notice mentioning that on June 8, 2025 school will remain close to commemorate the 150th birth anniversary of poet Rabindranath Tagore.

Project Work:

- Prepare a project on A4 assignment sheets
  TOPIC:

❖ Pronouns (Write its definition, types of pronouns and give two examples of each type)

OR

❖ Sentences (Write its definition, types of sentences and give two examples of each type)

Note: Prepare your project neatly and use examples. Label and title your work.

याद करने वाला कार्य :-

वर्तमान हिंदी पाठमाला - 7

- पाठ - 1 विहान
- पाठ - 2 जीत की उड़ान
- पाठ - 3 आस्था का नवाचार

❖ अविका हिंदी व्याकरण - 7

- भाषा, लिपि और व्याकरण

नोट - प्रश्न उत्तर तथा पुस्तक कार्य आवधिक परीक्षण (Unit Test) के लिए याद करें।

❖ **परियोजना कार्य**

- डॉ. अब्दुल कलाम जी की सचित्र जीवनी Assignment sheets पर लिखिए।

❖ **ਯਾਦ ਕਰਨ ਵਾਲਾ ਕੰਮ**

ਪਾਠ-1 ਪਵਨੁ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ(ਸਲੋਕ)
ਪਾਠ-2 ਸ਼ਰਤ (ਕਹਾਣੀ)
ਪਾਠ-3 ਭਾਸ਼ਾ ਦਾ ਗਣਿਤ (ਲੇਖ)
ਪਾਠ-4 ਇੱਕ ਦਿਨ ਅਸੀਂ ਸਫਰ ਤੋਂ ਆਏ (ਕਵਿਤਾ)

- ਸ਼ਬਦ ਅਰਥ, ਔਖੇ ਸ਼ਬਦ, ਪ੍ਰਸ਼ਨ/ਉੱਤਰ ਪਾਠ-ਪੁਸਤਕ ਦਾ ਸਾਰਾ ਅਭਿਆਸ ਕਰੋ)

❖ **ਵਿਆਕਰਨ**

ਪਾਠ-1 ਭਾਸ਼ਾ
ਪਾਠ- 2 ਅੱਖਰ ਬੋਧ ਅਤੇ ਲਿਪੀ

ਪਾਠ- 3 ਸ਼ਬਦ ਬੋਧ

ਪਾਠ- 4 ਨਾਂਵ

- ਲਿੰਗ ਬਦਲੋ, ਵਚਨ ਬਦਲੋ।

ਲਿਖਣ ਕੌਸ਼ਲ -

1. ਪੰਦਰਾਂ ਅਗਸਤ, ਲੇਖ-6 ਪੰਨਾ- 194
2. ਕੰਪਿਊਟਰ, ਲੇਖ- 14 ਪੰਨਾ- 202
3. ਦੁਸਹਿਰਾ, ਲੇਖ- 8 ਪੰਨਾ- 196
4. ਮਾਤ ਭਾਸ਼ਾ ਦਾ ਮਹੱਤਵ, ਲੇਖ -13, ਪੰਨਾ -201

(ਜਮਾਤ ਵਾਲੀ ਕਾਪੀ ਵਿੱਚ ਲਿਖੋ।)

ਸੁੰਦਰ ਲਿਖਾਈ ਦੇ ਅੰਤਰਗਤ ਗਤੀਵਿਧੀਆਂ - ਇਹ ਸਾਰਾ ਕੰਮ ਆਇਸਨਮੈਟ ਸੀਟਾਂ ਤੇ ਸੁੰਦਰ ਅਤੇ ਸਾਫ਼ ਸੁਥਰੀ ਲਿਖਾਈ ਵਿੱਚ ਕਰੋ।

1) ਸ਼੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੀਆ ਸਿੱਖਿਆਵਾਂ ਬਾਰੇ ਕੁੱਝ ਸਤਰਾਂ ਲਿਖੋ (ਪੰਨਾ - 6)

2) ਸ਼ਰਤ ਪਾਠ ਤੋਂ ਤੁਹਾਨੂੰ ਕੀ ਸਿੱਖਿਆ ਮਿਲਦੀ ਹੈ (ਪੰਨਾ - 16)

3) ਤੁਸੀ ਆਪਣੇ ਸਕੂਲ ਦੇ ਗਰਮੀਆਂ ਵਿਚ ਲੱਗੇ ਬੂਟਿਆਂ ਦਾ ਖਿਆਲ ਕਿਸ ਤਰ੍ਹਾ ਰੱਖੋਗੇ । ਕੁੱਝ ਸਤਰਾਂ ਵਿੱਚ ਬਿਆਨ ਕਰੋ (ਪੰਨਾ - 36)

- **Solve the worksheet on practice notebook.**

Do the practice of below mentioned chapters for unit test.

- **Learn tables from 2 to 20 and write in practice notebook.**
- **Do practice of (E) exercise of the following chapters:**
  - **Chapter 1 (INTEGERS)**
  - **Chapter 2 (RATIONAL NUMBERS)**
  - **Chapter 3 (FRACTIONS)**
- **Do practice of following complete chapters:**
  - **Chapter 4 (RATIO AND PROPORTION)**
  - **Chapter 5 (PROFIT, LOSS AND DISCOUNT)**

1. Evaluate:

i) $427 \times 8 + 2 \times 427$ ii) $(-2) \times (-5) \times (-6) \times (-4)$

2. Write down a pair of integers whose: (i) Sum is 3 (ii) Sum is 0
3. A man has Rs. 20,000 in his account in a bank. He withdraws Rs. 3000 per month for the first two months and deposits double of this amount on third month. What will be the balance in his account after 3 months?
4. Verify a – (-b) = a + b for the following values of a and b.
   a = -17 b = +15
5. Simplify: $9 \times (8 - 3 + 2) - 2 (2 + 3 + 3)$
6. Write each of the following rational numbers in the standard form: (i) 3/15 (ii) -12/44
7. Express (-3)/5 as a rational number with denominator. (i)20 (ii) -35
8. If the product of any two rational numbers is 2 and one of them is - 20 , find the other?
9. Evaluate : $(\frac{32}{15} + \frac{8}{5}) \div (\frac{32}{15} - \frac{8}{5})$
10. By what number should $-\frac{5}{7}$ be divided so that the result is $-\frac{15}{28}$?
11. Reduce the fraction into lowest term: $-\frac{35}{75}$
12. Arrange the following in ascending and descending order: $-\frac{1}{3}$, $-\frac{2}{5}$, $-\frac{3}{4}$ and $-\frac{1}{6}$
13. Find the value of: $-\frac{3}{5}$ of 1 hour
14. By what number should $5\frac{5}{6}$ be multiplied to get $3\frac{1}{3}$?
15. Simplify : $\frac{3}{4}$ of $7\frac{3}{7} - 5\frac{3}{5} \div 3\frac{4}{15}$

Project Work:

On an A4 size sheet create a table consisting of all properties on operations of Rational Number. Make it clean and presentable.

❖ **Learn / Revise: Learn below mentioned chapters for unit test.**

- Chapter 1 (Physical quantities and measurements)
- Chapter 2 (Motion)

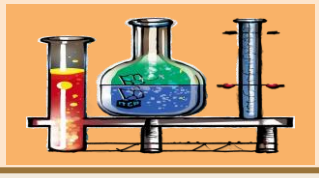
❖ **Prepare a project –**

Instructions for project-

- ❖ Prepare project on assignment sheets.
- ❖ First page should be introduction page

- ❖ Paste or draw the diagram on plane side.
- ❖ Written work should be on ruler side.
- ❖ File should be compile in a folder.

Topic: Activity 2.2 (page no - 26)
Measurement of area of regular surfaces (page no - 6)



CHEMISTRY

❖ **Learn: - Learn below mentioned chapters for unit test.**

- Chapter- 1(Matter and its Composition)
- Chapter- 2(Physical and Chemical Changes)

Project / Activity -

Prepare following activities on A4 sheet.

- ❖ Activity- 1(Page no.5)
- ❖ Activity- 2(Page no. 7)
- ❖ Activity- 3(Page no. 7)
- ❖ Activity- 1(Page no. 19)
- ❖ Activity- 5(Page no. 10)

❖ **Learn: - Learn below mentioned chapters for unit test.**

- Chapter -1 (Plant tissues)
- Chapter -2 (Animal tissues)

- **Prepare a project on Plant tissue or Animal tissue**.

Instructions for project-

- Prepare project on assignment sheets.
- First page should be introduction page
- Paste or draw the diagram on plane side.
- Written work should be on ruler side.
- File should be compile in a folder.

Learning Work: - Learn below mentioned chapters for unit test.

- **History**
  - Chapter -1 (Rise and Spread of Christianity)
  - Chapter -2 (Rise and Spread of Islam)

  Civics
  - Chapter-1 (The constitution)
- **Activity Work**
  - Prepare a Project on any 5 Temples built in India between 800 to 1200 CE.

Note - (Mention their location, by whom they were built, two interesting facts about them.) Paste Picture also.

- **Learning work: - Learn below mentioned chapters for unit test.**
  - Chapter 1 (Depicting Geographical features)
  - Chapter 2 Atmosphere
- **Project work: -**
  - Draw the conventional symbol of topographical map on assignment sheets. (Page no. 14)
  - Draw the diagram of structure of atmosphere and write their features an assignment sheet.

- **Learning work: - Learn below mentioned chapters for unit test.**
  - Chapter-1 (Hardware components)
  - Chapter -2(Number system)

Activity work: - Draw any four hardware components on fair notebook.

ART & CRAFTS

Prepare art and craft work beautifully for upcoming competition in month of July.

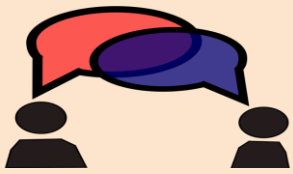
CLASS: - 7TH B

Roll no. 1 – 3 Make a chart of Moral Values
Roll no. 4 – 6 Make a chart of Kindness- Ethical Principle
Roll no. 7 – 9 Make a chart of Properties of Integers
Roll no. 10 – 12 Make a chart of full form of Mathematics
Roll no. 13 – 16 Make Different Mathematics symbols on different shapes
Roll no. 17 – 19 Make a Pen Stand with Waste material
Roll no. 20 – 22 Make a quote be a problem solver
Roll no. 23 – 24 Make a geometry tree
Roll no. 25 – 28 Make Display board frills
Roll no. 29 - 30 Make different types of lines and angles

CLASS: -7TH A

- **Roll no. 1 – 3** Make a chart on Moral values
- **Roll no. 4 – 5** Make Display board frills
- **Roll No. 6.** Activity for Display board- Home Minister of India, Education Minister (Mention his name, portfolio with picture on A4 Sheet)
- **Roll no. 7 – 9** Make a chart of Input and Output Devices
- **Roll no. 10 – 11** Activity for Display Board, Minister of Finance, Minster of Trade and Commerce, Minster of Environment, Forest (Mention his name, portfolio with picture on A4 Sheet)
- **Roll No. 12 -** Activity for Display board- Prime Minister of India, Defense Minister (Mention his name, portfolio with picture on A4 Sheet)
- **Roll no. 13 – 15** Make a chart classroom rules
- **Roll No. 16.** Activity for Display board- Health Minister, Sports Minister (Mention his name, portfolio with picture on A4 Sheet)
- **Roll No. 17-19** Activity for Display board- Minister of Agriculture, Minister of Road Transport (Mention his name, portfolio with picture on A4 Sheet)

- **Roll no. 20-26. Activity for Display board- Minister of External Affairs, Minister of Women Welfare (Mention his name, portfolio with picture on A4 Sheet)**
- **❖ Roll no. 27 – 29 Make a chart of Heritage Sites of India**



CONVERSATION

Learning Work: - Read below mentioned chapters thoroughly for viva.

- Chapter- 1(My Nation)
- Chapter -2 (Capitals of State)
- Chapter -3 (Our Revolutionary)
- Chapter -4 (Aim of Life)
- Chapter -5 (My Sister)

Read below mentioned chapters thoroughly for viva:

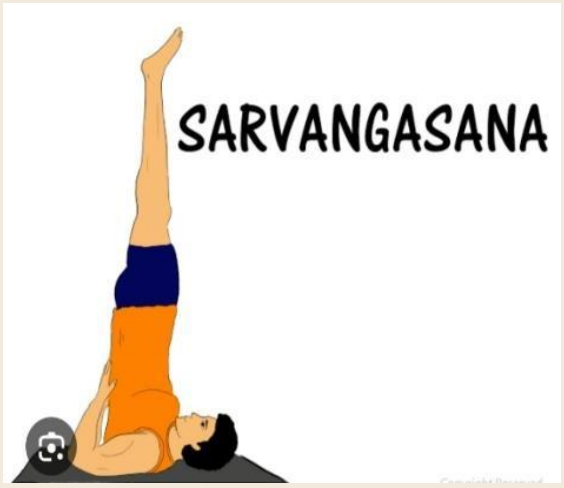
Chapter- 1(Physical fitness (Running, walking))

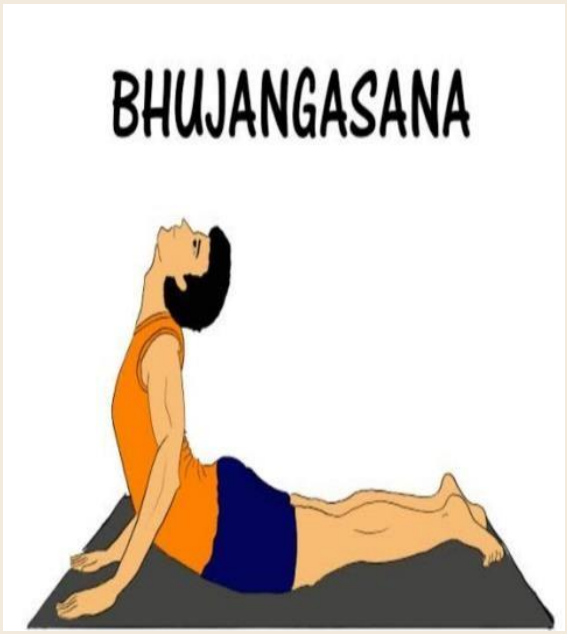
Chapter- 2(Sports skill)

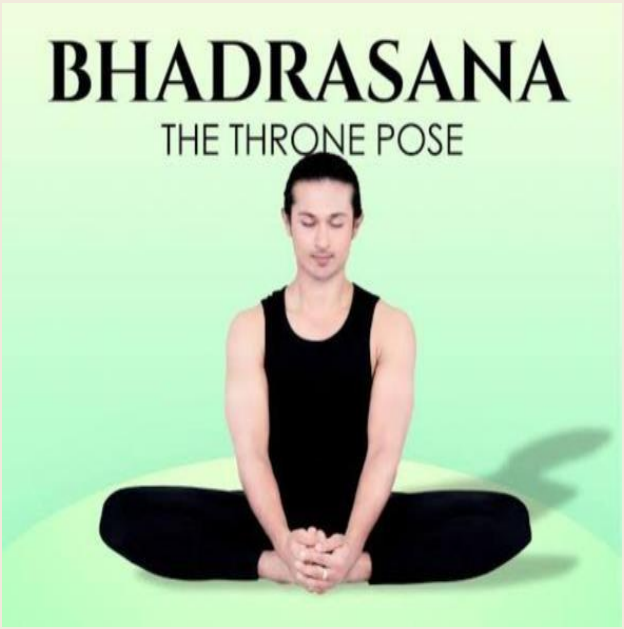
International Day of Yoga
(21st June, 2025)

❖ **Instructions: -**

1. Take care of your health.
2. Do Morning Walk regularly.
3. Play game in morning & evening only.
4. Take proper Balanced Diet.
5. Take care of your body from heat stroke.
6. Have your meals at fixed time.
7. Take milk daily because it repairs broken cells of body.
8. Do practice of yoga daily.
9. For Asana utilize, 15 to 30 minutes.
10. Do the following yoga asana daily.







LIFE SKILLS & CITIZENSHIP

Read below mentioned chapters thoroughly:

Chapter- 1(Nurturing Curiosity)

Chapter- 2(Power of Punctuality)

Chapter- 3(Simple Living High Thinking)

Note:- If you have any query related to any subject, you can contact to assigned subject teachers.

Sr. No.	Subject Teacher's Name	Subject	Contact No.
1.	Ms. Priyanka Sharma	Mathematics	9915484900
2.	Ms. Chirangali	Social Science	7710170054
3.	Ms. Vidhi	Chemistry	6280685171
4.	Mr. Vineet Jood	Physics	7206531910
5.	Mr. Mayank Sharma	Biology	7307027516
6.	Ms. Shallu	English	8556098925
7.	Ms. Devinder Kaur	Computer	7901790305
8.	Mr. Ganesh Bhatt	Hindi	9997754817
9.	Ms. Varinder Kaur	Punjabi	7527837431