



PRINCIPAL MOHAN LAL

WISDOM SCHOOL, NAGRI

ICSE CURRICULUM

**SUMMER VACATION
HOMEWORK**

2026-27

**CLASS
VII**

SUMMER HOLIDAYS HOMEWORK
CLASS : 7th
Summer Break Message & Guidelines

Respected Parents and Dear Students,

Warm greetings from PML Wisdom School !

As we step into the much-awaited summer vacation, we hope it brings joy, relaxation, and valuable family time. Holidays are a perfect opportunity to rest and rejuvenate, but also to remain constructively engaged. This holiday homework has been thoughtfully prepared to ensure that students enjoy their break while keeping their minds active and skills sharp.

The Summer Break for classes **Nursery to 10th** is scheduled from **2nd June, 2026** to **30th June, 2026**. The school will reopen on **1st July, 2026 (Wednesday)**. The last working day for these classes will be **1st June, 2026 (Monday)**.

Note: The school office will remain open on all working days between **9:30 a.m. and 2:00 p.m.** during the summer vacation.

Tips for a Healthy and Productive Summer:

Guidelines for Students:

1. **Time Management:** Allocate a fixed time each day for completing homework and revision.
2. **Neatness and Presentation:** Ensure all work is done neatly and legibly.
3. **Originality:** Avoid copying from others. Use your creativity and understanding.
4. **Timely Submission:** All homework must be submitted on the first day after vacation.
5. **Activity Work:** Projects should be done using recyclable or easily available materials. Label your charts/projects clearly with your name and roll number.

Guidelines for Parents:

1. Kindly supervise your child's progress without doing the work for them.
2. Ensure a healthy routine including reading, physical exercise, and adequate sleep.
3. Encourage conversation in English and moral storytelling to enhance language and values.

We request all parents to encourage their wards to complete the assigned work regularly and creatively. The tasks are a blend of revision and project-based learning to foster critical thinking and subject understanding.

Let us work together to make this holiday both enjoyable and enriching.

Wishing you a safe, healthy, and joyful summer break!

With warm regards,

Vineet Jood
Principal
PML Wisdom School

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*Happy
Holidays*

S.NO	SUBJECT	HOMEWORK
01	English Grammar	<p>Revise</p> <p>Chapter 1:- Sentences Chapter 2:-Noun Chapter 3:-Adjectives & degrees of Comparison and complete worksheet based on these chapters and writing skills.</p> <p>Revise rules of tenses and complete exercises given in</p> <p>Chapters 12:- Present tense Chapter 13:- Past tense Chapter 14:- Future tense</p>
02	English Literature	<p>Chapter 1:- THE QUESTION OF MANGOES(LEARN) CHAPTER 3:- A VISIT TO AJANTA AND ELLORA (LEARN) POEM 1:- SICK(LEARN) POEM 2:- QUESTION (LEARN)</p> <p>DO WORKSHEET</p> <p>CHAPTER 2:- THE HOUND OF BASKERVILLES (READ THE CHAPTER AND SOLVE THE WORKSHEET)</p> <p>POEM 3:- FROM A RAILWAY CARRIAGE (READ THE POEM AND SOLVE THE WORKSHEET)</p>
03	Physics	<p>Revise :-</p> <p>Chapter 1 - Physical quantities and measurement Chapter 2 - Motion</p> <p>Project:- Prepare a project on " Measurement of Area and Volume Regular shapes" (page no - 6,8,9)</p>
04	Chemistry	<p>Revise:-</p> <p>Chapter 1 (Matter) Chapter 2 (Physical and chemical changes)</p> <p>Project Work :- Prepare a project on physical and chemical changes. (Each page shows 1 or 2 changes with explanation and pictures)</p> <p>Instructions-</p>

		Project must be of 8-10 pages.
05	Biology	<p>Revise & Learn Chapter 1:- Plant tissue for written test.</p> <p>Project work Prepare a project on topic - Animal tissue.</p> <p>Instructions - Project must be of 8-10 pages Students are not allowed to paste the pictures of diagrams but will draw the diagrams.</p>
06	Mathematics	<p>Do Revision of these two chapters:- (Written practice) Chapter - 1 Integers Chapter -2 Rational number</p> <p>Multiple Choice Questions</p> <p>1. The value of $(-15) \times (-4) \times 0$ is: a) 60 b) -60 c) 0 d) 1</p> <p>2. Addition of -18 , -30 , -15 , -10 is: a) 18 b) -18 c) -73 d) 73</p> <p>3. Which of the following is a proper fraction? a) $7/3$ b) $5/8$ c) $6/9$ d) $9/4$</p> <p>4.The product of $3/5$ and its reciprocal is: a) $15/25$ b) 0 c) 1 d) $25/9$</p> <p>5. A rational number p/q is said to be in standard form if p and q have no common factor other than: a) 0 b) 2 c) 1 d) -1</p> <p>6. The value of $(-32) \div 8$ is: a) 4 b) -4. c) 8. d) -8</p> <p>7. The equivalent fraction of $2/3$ with numerator 10 is: a) $10/12$ b) $10/15$ c) $10/20$ d) $10/13$</p> <p>8. Subtraction of -10 from 5 gives: a) -5 b) 15 c) -15 d) 5</p>

9. The rational number 0 is:

a) Positive b) Negative c) Neither positive nor negative d) Only an integer

10. Rational number between $-\frac{1}{3}$ and $\frac{1}{3}$

(a) 1 (b) -1 (c) 0 (d) $-\frac{2}{3}$

Integers: 11. Evaluate using distributive property: $625 \times (-35) + (-625) \times 65$.

12. In a quiz, team A scored -40, 10, 0 and team B scored 10, 0, -40 in three successive rounds. Which team scored more?

13. **Find the product:** $(-1) \times (-2) \times (-3) \times (-4)$.

14. **Divide:** $[(-36) \div 12] \div 3$.

15. The product of two integers is 210. If one of them is -15, find the other

16. **Arrange the following in descending order:**

$\frac{2}{9}, \frac{2}{3}, \frac{8}{21}$.

17. Out of 24 kg wheat, $\frac{5}{6}$ is consumed. Find how much wheat is still left?

18. **Find:** $17 - [17 - \{17 - (17 - 17 - 17)\}]$

19. **Evaluate :-** $[32 / 15 + 8 / 5] \div [32 / 15 - 8 / 5]$

20. Arrange in ascending order $\frac{1}{10}, \frac{6}{11}, \frac{8}{11}, \frac{3}{5}$.

Rational Numbers: 21. Find four rational numbers between -2 and -1.

22. **Represent** $-\frac{5}{8}$ and $\frac{7}{4}$ on the number line.

23. **Simplify:** $\{-\frac{3}{5}\} + \frac{7}{10} + \{-\frac{8}{15}\}$.

24. The product of two rational numbers is $-\frac{16}{9}$. If one of the numbers is $-\frac{4}{3}$, find the other.

25. Subtract the sum of $-\frac{3}{10}$ and $\frac{5}{8}$ from the sum of $\frac{4}{15}$ and $\frac{2}{5}$.

		Make an assignment on Fraction.
07	History & Civic	<p>Revision of the following chapters:- Chapter 1:- Medieval Europe- Rise and Spread of Christianity Chapter 7:- The Constitution of India</p> <p>Project:- Do a project on the Indian Constitution, bringing out its unique features.</p>
08	Geography	<p>Written Work A Draw a conventional symbol for each of the following: 1. Road with bridge 2. Stream with canal 3. Pack track with pass 4. Railway broad gauge 5. Fort 6. Church B Draw a diagram showing the layered structure of the atmosphere. Show significance of some layers. C Make a chart or model to show the impact of global warming.</p> <p>Learning work Chapter 1 Representation of geographical features (Full chapter) Chapter-2 Atmosphere (Full chapter)</p>
09	हिंदी	<p>अभ्यास कार्य- वर्तमान हिंदी :- पाठमाला- पाठ-1 से 4 याद करें। अविका हिंदी व्याकरण:-पाठ-1,2 याद करें।</p> <p>पाठ पठन कार्य- पाठ-6 ईदगाह, पाठ-7 नीलकंठ</p> <p>रोजाना हिंदी का समाचार पत्र पढ़ें।</p> <p>लिखित कार्य- (अपनी हिंदी की नोटबुक में लिखें।)</p> <p>कहानी लेखन- जैसी करनी वैसी भरनी</p>

		<p>अनुच्छेद लेखन- संगठन में शक्ति</p> <p>वर्तमान हिंदी पाठमाला-</p> <p>पाठ 1 से 7 प्रत्येक पाठ में से 10 कठिन शब्द(अलग नोटबुक में लिखें।)</p> <p>*10 पृष्ठ सुलेख। (अलग नोटबुक में लिखें।)</p> <p>रचनात्मक कार्य-ए फोर साइज शीट पर करो।</p> <p>कोई 10 मुहावरों पर फ्लैश कार्ड चित्र सहित तैयार करो।</p> <p>किसी खाद्य पदार्थ पर आधारित विज्ञापन बनाओ। (ए फोर साइज शीटपर)</p> <p>भाषा, लिपि, व्याकरण, संज्ञा, सर्वनाम किसी एक विषय पर चार्ट तैयार करें।</p>
10	ਪੰਜਾਬੀ	<p>ਯਾਦ ਕਰਨ ਦਾ ਕੰਮ-</p> <p>ਪਾਠ 3 :- ਸ੍ਰੀ ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ</p> <p>ਪਾਠ 4 :- ਕੀੜੀ</p> <p>ਵਿਆਕਰਨ ਪਾਠ -ਭਾਸ਼ਾ, ਲਿੰਗਅਤੇਵਚਨ</p> <p>ਲਿਖਤੀ ਕੰਮ- ਲੇਖ – ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ, ਮੁਹਾਵਰੇ 1-30, ਪੱਤਰ ਪਿਤਾ ਜੀ ਤੋਂ ਪੈਸੇ ਮੰਗਵਾਉਣ ਲਈ</p> <p>ਪ੍ਰੋਜੈਕਟ-1. ਮੇਰਾ ਪੰਜਾਬ</p> <p>ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ</p> <p>ਪੰਜਾਬ ਦੇ ਤਿਉਹਾਰ</p> <p>ਪੰਜਾਬੀ ਪਹਿਰਾਵਾ</p> <p>ਪੰਜਾਬੀ ਭੋਜਨ</p> <p>ਪ੍ਰਸਿੱਧ ਸਥਾਨਾਂ ਦੀਆਂ ਤਸਵੀਰਾਂ ਲਗਾਓ ।</p>
11	Computer	<p>Learning Work</p> <p>Chapter-1 (Hardware Components)</p> <p>Chapter-2 (Number System)</p>
12	English Conversation	<p>General Instructions</p> <ul style="list-style-type: none"> • Read all the prescribed syllabus topics thoroughly from your textbook. <p>(ALL COVERED SYLLABUS OF APRIL AND MAY)</p> <p>Practice reading aloud every day for at least 20 minutes.</p> <ul style="list-style-type: none"> • Focus on correct pronunciation, fluency, and expression while

reading.

- Revise the conversations, phrases, and speaking exercises regularly.

- Communicate in English as much as possible at home.

Speaking & Conversation Practice

- Introduce yourself confidently in English.

- Practice polite conversations with family members and friends.

- Use suitable greetings and expressions in daily communication.

- Practice making polite requests and responses.

- Speak about healthy habits, food habits, manners, and discipline.

Vocabulary Development

- Maintain a small vocabulary notebook during the holidays.

- Learn at least 5 new words every week from the syllabus chapters.

- Write meanings, spellings, and sentences using the new words.

- Practice correct pronunciation while speaking.

Reading & Pronunciation Practice

- Read each lesson carefully and repeatedly.

- Underline difficult words and learn their pronunciation.

- Practice speaking clearly without hesitation.

- Pay attention to punctuation, pauses, and expression.

Public Speaking Activity

Every student must prepare a 2–3 minute speech on any ONE topic related to the May syllabus topics.

Suggested Areas:

- Health and hygiene

- Food habits

- Good manners

- Hospitality

- Discipline

- Healthy lifestyle

- Respect and behaviour

Guidelines for Speech Preparation

1. Begin with a polite greeting.

2. Clearly introduce your topic.

3. Organize your ideas properly.

4. Speak confidently with proper eye contact.

5. Avoid reading continuously from paper.

6. Use simple and grammatically correct English.

7. End your speech politely.

Example Speech – Healthy Habits

Good morning everyone.

Today I am going to speak about healthy habits.

Healthy habits play an important role in our life. They help us remain fit, active, and disciplined. A healthy person can study properly and perform daily activities with energy and confidence.

We should wake up early in the morning, exercise regularly, and eat nutritious food. Drinking enough water and maintaining cleanliness are also very important for good health.

Students should avoid unhealthy food and spend less time on mobile phones and television. Proper sleep and regular study habits are also necessary for a healthy lifestyle.

Good habits not only improve our health but also build our personality and confidence.

Therefore, we should practice healthy habits every day.

Thank you everyone.

Good Habits During Holidays

- Read English daily.
- Practice spoken English regularly.
- Learn new vocabulary words.
- Maintain cleanliness and discipline.
- Help parents and respect elders.
- Use free time productively.

Submission Instructions

- Complete all written work neatly in a separate notebook.
- Practice reading and speaking activities regularly.
- Be prepared to present your speech confidently after the summer vacation.
- Maintain sincerity, neatness, and regular practice throughout the holidays.

English Speaking Skill Conversation

- **Use Spoken English Sentences regularly:-**

Morning Routine

1. Good morning! I had a nice sleep.
2. I woke up early today.
3. I brushed my teeth and got ready.
4. What's for breakfast today?
5. I want to help in the kitchen.

Free Time and Play

21. Let's play a board game or card game.
22. I want to ride my bicycle.
23. May I go out to play with my friends?
24. I am building something with blocks.
25. Let's play an English word game!

Helping at Home

6. I will clean my study table.
7. Let me help you with the dishes.
8. Can I sweep the floor?
9. I'll help water the plants.
10. Where should I keep this?

Study and Learning

11. I will revise my English lessons.
12. Let's read a new storybook.
13. I am learning five new words today.
14. I want to practice English with someone.
15. Can I use the dictionary?

Creative Time

16. I want to draw or color something.
17. Let's make something with craft paper.
18. I wrote a short story today.
19. I want to learn a new song.
20. Can I write a letter to my friend?

Meal Time

26. I'm feeling hungry now.
27. This food smells delicious!
28. Can I serve myself?
29. I love mangoes in summer.
30. Thank you for the yummy meal!

Evening & Night Time

31. Let's go out for a walk.
32. Can I watch a cartoon or a movie?
33. I will take a shower now.
34. I want to sleep early tonight.
35. Good night! Sweet dreams.

Subject : Health & Physical Education**International Day of Yoga (21st June, 2026)****Instructions :-**

1. Take care of your health.
2. Do Morning walk regularly.
3. Play game in morning & evening only.
4. Take proper Balanced Diet.
5. Take care of your body from heat stroke.
6. Have your meals at fixed time.
7. Take milk daily because it repairs broken cells of body.
8. Do practice of yoga daily.
9. For Asanas utilize, 15 to 30 minutes.
10. Do practice of Yogasana regularly.

Note:- If you have any query related to any subject, you can contact to assigned subject teachers.

Sr. No.	Subject Teacher's Name	Subjects	Contact No.
1.	Mr. Amritpaul Singh	English Grammar	98768-77209
2.	Ms. Shallu	English Literature	85560-98925
3.	Ms. Anu Bala	Hindi	98785-82559
4.	Ms. Gagandeep Sharma	Punjabi	84270-18107
5.	Ms. Anupriya	Physics	62836-38351
6.	Ms. Vidhi Aneja	Chemistry	62806-85171
7.	Mr. Mayank Sharma	Biology	73070-27516
8.	Mr. Manjot Singh	Geography	79736-35410
9.	Mr. Vikas Batra	History & Civics	99156-71517
10.	Ms. Aradhana Sharma	Mathematics	98720-12646
11.	Ms. Shyna	Computer	88377-44024
12.	Mr. Silvester	General Knowledge Conversation	7986177217
13.	Ms. Ishika Singla	Art & Craft	6283348185

Class Co-ordinator Mr. Mayank Sharma : 73070-27516